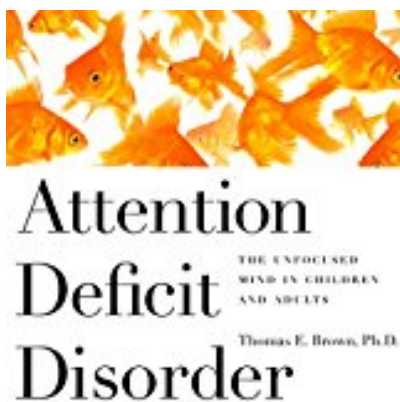


[PDF] Attention Deficit Disorder: The Unfocused Mind In Children And Adults

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Description:

Myths about Attention Deficit Disorder/Attention Deficit/Hyperactivity Disorder(ADD/ADHD) abound. This disorder frequently goes unrecognized, and even when diagnosed may be inadequately treated. In this up-to-date and clearly written audiobook, a leading expert offers a new way of understanding ADD. Drawing on recent findings in neuroscience and a rich variety of case histories

from his own clinical practice, Dr. Thomas E. Brown describes what ADD syndrome is, how it can be recognized at different ages, and how it can best be treated.

This is the first book to address the perplexing question about ADD: how can individuals, some very bright, be chronically unable to "pay attention", yet be able to focus very well on specific tasks that strongly interest them? Dr. Brown disputes the "willpower" explanation and explains how inherited malfunctions of the brain's management system prevent some people from being able to deal adequately with challenging tasks of childhood, adolescence, and adulthood. His audiobook is an authoritative and practical guide for physicians and psychologists, parents and teachers, and the 7 to 9 percent of persons who suffer from ADD/ADHD.

Selected as an Outstanding Academic Title by *Choice* magazine.

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