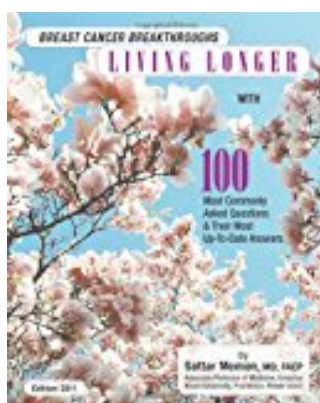


# [PDF] Breast Cancer Breakthroughs: Living Longer

Sattar Memon MD - pdf download free book

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**Description:**

**From the Author I come from a cancer-stricken family. During teaching and practicing Cancer Medicine at Brown University affiliated hospitals for 30 years, I realized that a lot of women with the diagnosis of breast cancer -- either from lack of awareness or resources -- were giving up and dying way too prematurely. And the way our health system is designed wasn't helping either. It bothered me increasingly that they did not have to die. I**

was, on the other hand, quite heartened and gratified that those souls who sought timely help benefited impressively from innovative advances with respect to screening, diagnosis and the breakthrough trends in breast cancer surgery, radiation, chemotherapy and the latest, cancer-selective targeted treatments. These fortunate ones not only survived--some even got cured! And those with the advanced (metastatic) breast cancer began living longer life, meaningfully and functionally. They lived with their cancer as if they were living with certain chronic maladies like hepatitis, HIV, high blood pressure, diabetes, kidney failure and so on. Some are still alive, thank God, after twenty five years! So, when Brown University accorded me with the title of Emeritus Professor, I decided to write a book on breast cancer breakthroughs that would meaningfully prolong the lives of breast cancer patients all over the world. And there began my quest to write something in this regard for the patients and their loved ones in a language they found easy to read and benefit from. Over the course of last three years, with the kind help of Dr. Paul, we sat together and designed simple but educational and eye-catching illustrations worth million words! And I attempted irrigating this book with everything I had learned from my patients about human nature and emotions, and infused it with whatever education and experience I had gained in this field of breast cancer breakthroughs and rapidly evolving research. To avoid the tedium and anxiety--even fear-- emanating from sometime drab, medical inventions and discoveries, we designed snippets of pink little boxes containing brief vignettes of breakthroughs interspersed with heart-wrenching actual patient accounts that each and every breast patient-- premenopausal, peri-menopausal, or post menopausal, with or without hormone receptors and HER-2 receptors, including those with aggressive cancers such as the genetic breast cancer and the Triple Negative breast cancers - could readily benefit from. Moreover, *the 100 most commonly asked questions and their most up-to-date answers* at the end, provided a quick review and summary of the contents. We all look up to celebrities: movie stars, athletes, singers, writers, talented folks from all walks of life-- especially those who dared challenging the breast cancer, defeated the this global scourge, and were gracious and brave enough to share their harrowing plights publicly so that others could benefit! So, at the end we concluded the book with brief encounters (chapter titled "*If These Celebrities Handled the Breast Cancer So Valiantly (and Won), So Can You!*") of each celebrity's harrowing battles and their kind acts of sharing their brave acts publicly so that others can be inspired. I certainly hope, this book inspires you to take full advantage of the current breakthroughs, beat all your ills and live healthy, long life! Now, what could be more gratifying than this special task!

About the Author Sattar Memon M.D;F.A.C.P. is Associate Professor of Medicine, Emeritus at Brown University. He specializes in the practice and education of Cancer Medicine and enjoys writing about Religion, Faith and Spirituality. Dr. Memon is an author of several peer-reviewed cancer-related articles and author of spirituality-based novel--The Ashram-- and collection of short stories: Tales of Faith. He has won "Outstanding Physicians Recognition Award" at Brown University and National "Rubypin Life Saver" Hall of Fame Award for the Best Public Educator in Rhode Island, awarded by the American Cancer Society, and "Distinguished Teacher for the last 20 years" award by Brown University. His next book " Cancer Conquest:Tales of Survival "will be published shortly.

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