

[PDF] Celtic Folklore Cooking

Joanne Asala - pdf download free book



Books Details:

Title: Celtic Folklore Cooking

Author: Joanne Asala

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Description:

Sabbats, festivals, and informal gatherings all have something in common--food. But choosing the right food for the occasion can be difficult. *Celtic Folklore Cooking* takes the guesswork out of planning a feast, with plenty of sumptuous ideas for an entire meal, from soup to dessert and even drinks to accompany your food. (Consider baked trout for Beltaine or Lammas cookies for Lughnasadh.) Joanne Asala gathers generations-old recipes from Wales, Cornwall, Scotland, Ireland, and England, associates them with appropriate festivals and times of the year, then sprinkles a dash of folklore between them. Perhaps you would like to learn the 400-year-old "Song of Harvest Home" while making Marigold Buns. *Celtic Folklore Cooking* is like having centuries of Celtic tradition in your kitchen, and it will help you find just the right flavor for your festivities. --Brian Patterson

From the Publisher Many people today are following Celtic traditions as part of their spiritual paths. But the foods eaten by the ancient Celts have been little known--until now.

In *Celtic Folklore Cooking* author Joanne Asala reveals recipes she has gathered from journeying to the British Isles. She found the best traditional cooks in Ireland, Scotland, Wales, and Cornwall who center their menus today around the same simple foods that have fed the Celtic people for generations: fresh meats and fish, nutty grains, wild fruits, rich dairy cream and butter, and home-grown vegetables. More than 200 of their recipes are included in *Celtic Folklore Cooking*. But there's more!

Through the generations, the foods of the Celts have inspired a rich crop of proverbs, legends, and songs. *Celtic Folklore Cooking* combines the recipes with their folklore, resulting in a book that is valuable to Wiccans, chefs, and people interested in ancient traditions and folklore.

This book is as charming as a whitewashed cottage and cozy as tea and scones by the fire. *Celtic Folklore Cooking* will draw you into the culture, folkways, and character of the Celts, who have always lived close to the land and the changing of the seasons. This delightful book will fill your mind with joy and your stomach with tasty food. Get a copy today.

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