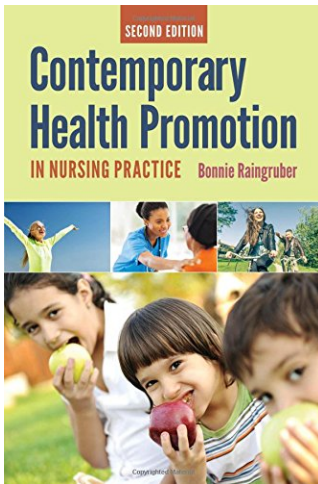


[PDF] Contemporary Health Promotion In Nursing Practice

Bonnie Raingruber - pdf download free book



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Released:

Language:

Pages: 440

ISBN: 128409474X

ISBN13: 9781284094749

ASIN: 128409474X

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Contemporary Health Promotion in Nursing Practice, Second Edition describes why nurses are positioned to model and promote healthy behaviors to the public, and how they can promote health to the community. The Second Edition emphasizes the nurse's role in health promotion and illustrates how healthy behaviors like weight management, positive dietary changes, smoking cessation, and exercise are more likely to be adopted by clients if nurses model these behaviors. Contemporary Health Promotion in Nursing Practice, Second Edition features updated content around the topics of health promotion theories; health disparities and health promotion policy to reflect changes in the healthcare landscape. Key Features: Revised content around epigenetics and nursing informatics Healthy People 2020 guidelines referenced

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