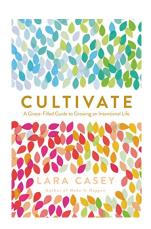
[PDF] Cultivate: A Grace-Filled Guide To Growing An Intentional Life

Lara Casey - pdf download free book



Books Details:

Title: Cultivate: A Grace-Filled Gui

Author: Lara Casey Released: 2017-06-27

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Description:

A flourishing life is possible—no perfection required!

Women often feel like they have to have it all together in order to live a meaningful life. Instead they feel inadequate, overwhelmed, and exhausted as they to figure out how to do it all. Author, business owner, and mom to three Lara Casey offers sound and grace-filled advice: "We can't do it all, and do

it well. But, we can choose to cultivate what matters."

Welcome to the journey of getting messy in the rich soil of possibility—embracing imperfect, grace-filled progress to grow a life of joy.

Written as part encouragement anthem and part practical guide, *Cultivate* offers wisdom from God's Word alongside lessons Lara has learned in her garden. Woven throughout is her personal story that helps release readers from the pressure to achieve and gives them freedom to move from planning to planting a meaningful legacy. "It's in the imperfect—the mess of the dirt--that good things grow," Casey reminds readers. "Peonies grow through the dirt, and so do we." Readers will learn to embrace the season they're in, finding balance as they interact in fresh ways with their current life scenarios, with God, and in the communities where they are planted.

Special features include

- Actionable Cultivate It prompts throughout the book
- A ten-week Cultivate Together discussion guide with questions for small groups
- "Grace from the Garden" vignettes provide encouragement and inspiration

Find the joy and the freedom that comes in cultivating what matters, little by little, with God's transforming grace.

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