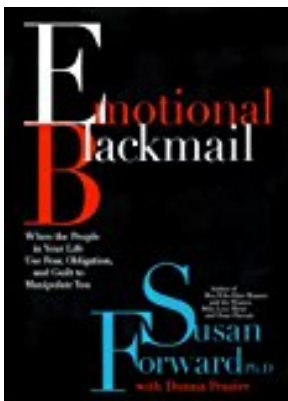


# [PDF] Emotional Blackmail: When The People In Your Life Use Fear, Obligation And Guilt To Manipulate You

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**Description:**

From **Library Journal** Forward, who gave us the best-selling *The Men Who Hate Women*, and the

Women Who Love Them, offers a course on self-defense for anyone manipulated by guilt.  
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**Review** "Breathe a sigh of relief! Susan Forward helps you identify and correct an intensely destructive and confusing pattern of relating with those you love. I highly recommend this important book!" -- *Susan Jeffers, Ph.D., author of Feel the Fear and Do It Anyway*

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