

# [PDF] Every Second Counts

## Lance Armstrong, Sally Jenkins - pdf download free book

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**Books Details:**

Title: Every Second Counts  
Author: Lance Armstrong, Sally Jenki  
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### Description:

In the opening of Lance Armstrong's memoir, *Every Second Counts* (co-authored by Sally Jenkins), he reflects: "Generally, one of the hardest things in the world to do is something twice." While he is talking here about his preparation for what would prove to be his second consecutive Tour de France victory in 2000, the sentiment could equally be applied to the book itself. And just as Armstrong managed to repeat his incredible 1999 tour victory, *Every Second Counts* repeats--and, in some ways exceeds--the success of his bestselling first memoir, .

*Every Second Counts* confronts the challenge of moving beyond his cancer experience, his first Tour victory, and his celebrity status. Few of Armstrong's readers will ever compete in the Tour de France (though cyclists will relish Armstrong's detailed recounting of his 2000-2003 tour victories), but all will relate to his discussions of loss and disappointment in his personal and professional life since 1999. They will relate to his battles with petty bureaucracies, like the French court system during

the doping scandal that almost halted his career. And they will especially relate to constant struggles with work/life balance.

In the face of September 11--which arrives halfway through the narrative (just before the fifth anniversary of his diagnosis)--Armstrong draws from his experiences to show that suffering, fear, and death are the essential human condition. In so openly using his own life to illustrate how to face this reality, he proves that he truly is a hero--and not just because of the bike. In *Every Second Counts* he is to be admired as a human being, a man who sees every day as a challenge to live richly and well, no matter what hardships may come. --*Patrick O'Kelley* --This text refers to an out of print or unavailable edition of this title.

**From School Library Journal** Adult/High School-In *It's Not about the Bike* (Putnam, 2000), Armstrong related his battle with cancer and his incredible Tour de France victory. In this book, he gives a gripping account of his second through (record-tying) fifth victories at the Tour. (His latest triumph might be missed by less-than-thorough readers-it's at the very end, following the afterword.) One sees that Armstrong has grown up quite a bit since his first book. However, he still has a reckless streak, as witnessed by his fondness for diving into a place called Dead Man's Hole. There are glimpses into his personal life and reflections on his illness, but this memoir is unabashedly about the thrill of racing and winning with the U.S. Postal Team. Armstrong talks about his teammates with humility and admiration. He also deals frankly, yet with remarkable restraint, with the accusations of doping by the French. The cyclist still works with his Lance Armstrong Foundation against cancer, but readers get the sense that he is definitely looking forward. Warm and informal in tone, *Every Second Counts* is a must-read for cycling fans.

*Sheila Shoup, Fairfax County Public Library, VA*

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