[PDF] Geriatric Physical Therapy, 3e

Andrew A. Guccione PT PhD DPT FAPTA, Rita Wong EdD PT, Dale Avers PT DPT PhD - pdf download free book



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Description:

Geriatric Physical Therapy offers a comprehensive presentation of geriatric physical therapy science and practice. Thoroughly revised and updated, editors Andrew Guccione, Rita Wong, and Dale Avers and their contributors provide current information on aging-related changes in function, the impact of these changes on patient examination and evaluation, and intervention approaches that maximize optimal aging. Chapters emphasize evidence-based content that clinicians can use throughout the patient management process. Six new chapters include: *Exercise Prescription, Older*

Adults and Their Families, Impaired Joint Mobility, Impaired Motor Control, Home-based Service Delivery, and Hospice and End of Life. Clinically accurate and relevant while at the same time exploring theory and rationale for evidence-based practice, it's perfect for students and practicing clinicians. It's also an excellent study aid for the Geriatric Physical Therapy Specialization exam.

- **Comprehensive coverage** provides all the foundational knowledge needed for effective management of geriatric disorders.
- **Content is written and reviewed by leading experts in the field** to ensure information is authoritative, comprehensive, current, and clinically accurate.
- A highly readable writing style and consistent organization make it easy to understand difficult concepts.
- **Tables and boxes** organize and summarize important information and highlight key points for quick reference.
- A well-referenced and scientific approach provides the depth to understand processes and procedures.
- **Theory mixed with real case examples** show how concepts apply to practice and help you enhance clinical decision-making skills.
- Standard APTA terminology familiarizes you with terms used in practice.
- A new chapter, *Exercise Prescription*, highlights evidence-based exercise prescription and the role of physical activity and exercise on the aging process.
- A new chapter, *Older Adults and Their Families*, helps physical therapists understand the role spouses/partners and adult children can play in rehabilitation, from providing emotional support to assisting with exercise programs and other daily living activities.
- New chapters on Impaired Joint Mobility, Impaired Motor Control, Home-based Service Delivery, and Hospice and End of Life expand coverage of established and emerging topics in physical therapy.
- **Incorporates two conceptual models**: the *Guide to Physical Therapist Practice, 2nd Edition,* and the *International Classification of Function, Disability, and Health (ICF) of the World Health Organization (WHO)* with an emphasis on enabling function and enhancing participation rather than concentrating on dysfunction and disability
- A companion Evolve website includes all references linked to MEDLINE as well as helpful links to other relevant websites.

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