

[PDF] Grace, Not Perfection: Embracing Simplicity, Celebrating Joy

Emily Ley - pdf download free book



Books Details:

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Description:

I will hold myself to a standard of grace, not perfection.

As a busy wife, new mother, business owner, and designer, Emily Ley came to a point when she

suddenly realized she couldn't do it all. She needed to simplify her life, organize her days, and prioritize the priorities. She decided to hold herself to a standard of grace rather than perfection. This mantra led to the creation of her bestselling Simplified Planner[®], a favorite among busy women everywhere—from mamas to executives and everywhere in between.

Grace, Not Perfection takes this message from a daily planner to an inspirational book that encourages women to simplify and prioritize. Designed with Emily Ley's signature aesthetic, this book gives women tangible ways to simplify their lives to give space to what matters most. With a focus on faith, Emily reminds readers that God *abundantly* pours out grace on us—and that surely we can extend grace to ourselves.

Have you been told you can have it all, only to end up exhausted and occasionally out of sorts with the people you love? Are you ready for a new way of seeing your time? Learn to live a little more simply. Hold yourself and those you love to a more life-giving standard in *Grace Not Perfection*, and allow that grace to seep into your days, your family, and your heart.

Ideas include:

- List Making 101—tips to create effective to-do lists and get through them one step at a time
- Simplify your life by simplifying the three major areas: your space, your time, and your mind
- Strategies to center your day around an intentionally slower rhythm of life

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