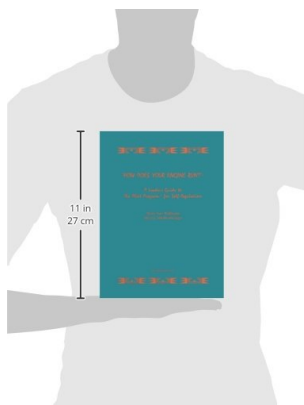# [PDF] How Does Your Engine Run? Leader's Guide To The Alert Program For Self Regulation

## Mary Sue Williams, Sherry Shellenberger - pdf download free book

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## Description:

How Does Your Engine Run? A Leader's Guide to the Alert Program for Self-Regulation draws from

Mary Sue Williams and Sherry Shellenberger's years of experience working in the schools and therapy clinics. This practical book explains the Alert Program in its entirety. It guides you through the twelve steps to teach independent self-regulation with an extensive list of activities and clinical stories. The book includes all worksheets, charts and pictures needed for the program with permission to copy for educational use. Join the thousands of parents, teachers, and therapists who are helping children through the use of this outstanding program.

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