

[PDF] New Cook Book, Limited Edition "Pink Plaid" : For Breast Cancer Awareness (Better Homes & Gardens)

Better Homes And Gardens, Tricia Laning - pdf download free book

Books Details:

Title: New Cook Book, Limited Editio

Author: Better Homes and Gardens, Tr

Released: 2005-08-09

Language:

Pages: 640

ISBN: 0696227320

ISBN13: 978-0696227325

ASIN: 0696227320



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Description:

From When the more-than-75-year-old cooking bible, *Better Homes and Gardens Cookbook*, pays homage to breast cancer research, it's definitely become a mainstream cause. In addition to the 1,200 recipes and 700 color photographs, on top of the detailed information and illustrated charts that the publication's editors are known for, the newest feature of this limited-edition guide is its

"pink plaid" section devoted to directions on how to eat for life--that is, instructions on miracle foods, like antioxidants, and the best low-fat, health-filled recipes to tempt anyone's taste buds, from a southwestern spinach omelet to reduced-calorie creamy mocha custards. Arrayed in a ready-to-use ringed binder, this thirteenth edition stands rightfully as a cooking reference book, to have and to hold. *Barbara Jacobs*

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