

[PDF] Out On A Limb

Shirley MacLaine - pdf download free book

Books Details:

Title: Out on a Limb
Author: Shirley MacLaine
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Pages: 372
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Description:

From Library Journal In *Going Within*, MacLaine asks tough questions of and gives good advice to the spiritual seeker. She has suffered, felt sorrow and anger, stress, fear, and anxiety, yet she has never allowed herself to be defined by her negative emotions. Instead she asks, "If we are not in harmony with ourselves, how can we possibly be in harmony with anyone else, much less the world that we inhabit?" MacLaine celebrates the independence that comes with the recognition of all emotions, both negative and positive. MacLaine has created many memorable roles as an actress but ironically younger adults may be more familiar with her work as a memoirist and spiritual seeker. In *Out on a Limb*, MacLaine reveals an intense and secretive loving relationship with a prominent politician, which sparked her quest for self-discovery. Fans of the actress's earlier works will be aware of her love of the journey. Her descriptions of her travels from Stockholm to Hawaii to Peru will stimulate even the most sedate armchair traveler wanting to see more of the world. MacLaine's exploration of life with her lover Gerry requires that she question lifelong relationships with close friends, giving new definition to the phrase "soulmate." Through it all, her candor, willingness to

share her experiences, and independence take the listener into the personal life of an outspoken and interesting woman. MacLaine's books and audiocassettes have been best sellers for many years, and libraries with large pop culture, autobiography, and fiction collections should purchase this. APam Kingsbury, Alabama Humanities Fdn., Florence
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Review "A stunningly honest, engrossing account of an intimate journey inward. Shirley MacLaine's discovery of a new sense of purpose, joy, energy, and love will touch and astonish you."--*Literary Guild Magazine*.

"An immensely appealing woman-bright, open, straightforward, sincere."--*The New York Daily News*
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