

# [PDF] Stop Clutter From Stealing Your Life

Mike Nelson, David Elias - pdf download free book

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**Books Details:**

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**Description:**

**Review** A helpful guide for improving your life -- just be sure to put the cassettes neatly away after listening. -- *Audiofile Magazine*

Skillfully narrated by David Elias... -- *Library Bookwatch*

**From the Publisher** Many books will tell you how you should organize your life. This one doesn't tell you that you should follow "systems" and hard rules. It gently leads you to understand why you clutter, how it affects every aspect of your life, why an approach of "practical spirituality" can help

you more than a to-do list, and then gives you some very practical tips that only a real clutterer would know. Mr. Nelson approaches a very serious problem that affects millions with a sensitivity that only a fellow sufferer could have, and a wry humor that makes the journey to recovery less painful. One of the stories is about a rock and roll star who has 27 refrigerators! If you've tried and tried to organize, and read other books that didn't seem to speak your language, this book is for you. It passes into the realm of books that can change your life. Unique in Mr. Nelson's approach is that he addresses the strains that cluttering can have on relationships. He's personally released over a ton of useless items. Financial clutter is also addressed. Medical experts, religious leaders, professional organizers, businessmen and clutterers themselves all present their views of the elephant. Mr. Nelson ties them together to show the whole animal. --This text refers to an out of print or unavailable edition of this title.

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