

[PDF] The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates

Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce - pdf download free book



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Description:

The bestselling treatment planning system for mental health professionals

The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary

to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders
 - Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others
 - Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
 - Easy-to-use reference format helps locate treatment plan components by behavioral problem
 - Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA
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