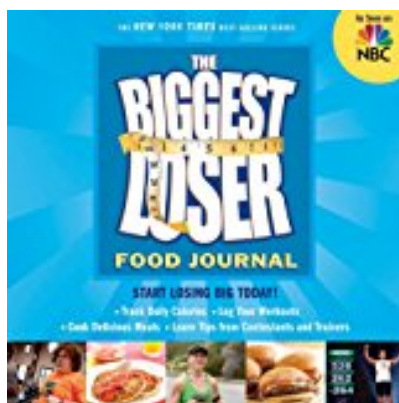


# [PDF] The Biggest Loser Food Journal

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## **Books Details:**

Title: The Biggest Loser Food Journal

Author: Biggest Loser Experts and Cast

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## **Description:**

### **About the Author**

The experts and cast of the Biggest Loser have inspired millions of people to shed pounds, get healthy, and live the Biggest Loser lifestyle with NBC's hit weight-loss show.

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