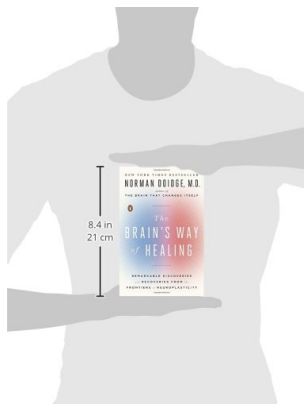


# [PDF] The Brain's Way Of Healing: Remarkable Discoveries And Recoveries From The Frontiers Of Neuroplasticity

Norman Doidge - pdf download free book

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#### Books Details:

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**Description:**

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For centuries it was believed that the brain’s complexity prevented recovery from damage or disease. *The Brain’s Way of Healing* shows that this very sophistication is the source of a unique kind of healing. As he did so lucidly in *The Brain That Changes Itself*, Doidge uses stories to present cutting-edge science with practical real-world applications, and principles that everyone can apply to improve their brain’s performance and health.

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