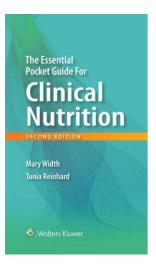
[PDF] The Essential Pocket Guide For Clinical Nutrition

Mary Width, Tonia Reinhard - pdf download free book



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Description:

Now featuring a fresh new design, the latest guidelines, the most recent information on disease and nutritional conditions, and all-new online resources, this affordable 2nd Edition of **The Essential Pocket Guide for Clinical Nutrition** is a quick-access resource ideal for dietitians, students, interns, and other health professionals who are actively engaged in clinical nutrition.

Pocket-sized and spiral bound for ease of use, this essential quick-reference resource offers immediate, need-to-know information on nutritional assessment, life stage assessment, and nutrition support, as well as nutrition considerations for specific

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- New ADIME-at-a-Glance boxes added to each chapter include sample ADIME notes and PES statements.
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- **Each chapter's uniform format** includes sections on disease process, treatment and nutritional intervention, and patient education.
- A new chapter on Bariatric Surgery provides the latest evidence-based information.
- A fresh new design facilitates quick reference and table identification.
- An expanded "Nutrition-Focused Physical Exam" section in the Assessment chapter covers the latest best practices.
- The latest nutritional guidelines are included, including new Malnutrition Guidelines, updated Pregnancy Guidelines on weight gain, updated Cardiovascular Disease Guidelines, and updated Diabetes Guidelines.
- The Nestlé Mini Assessment (MNA®), a validated screening tool that can identify geriatric patients age 65 and above who are malnourished or at risk of malnutrition, now appears in the Older Adult chapter.
- **Quick Reference Tables** in each chapter make essential information easy to locate.
- **Useful Appendices** include food-drug interactions, laboratory assessment, new tables on essential minerals, dietary supplements, and the Dietary Reference Intakes, and reference materials.

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