[PDF] The Fifth Agreement: A Practical Guide To Self-Mastery (Toltec Wisdom)

Don Miguel Ruiz, Don Jose Ruiz, Janet Mills - pdf download free book



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Description:

In *The Four Agreements*, don Miguel Ruiz revealed how the process of our education, or "domestication," can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The Four Agreements

help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love.

In *The Fifth Agreement*, don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on *The Four Agreements*, and a powerful new agreement for transforming our lives into our personal heaven. *The Fifth Agreement* takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this compelling sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

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