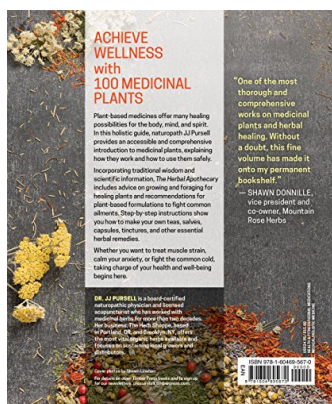


[PDF] The Herbal Apothecary: 100 Medicinal Herbs And How To Use Them

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More and more people are exploring the healing possibilities of plant-based medicines, and health shops across the country now stock their shelves with natural remedies, but treatments can easily be made at home. *The Herbal Apothecary* profiles 100 of the most important medicinal plants with

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Incorporating traditional wisdom and scientific information, *The Herbal Apothecary* provides an accessible and comprehensive introduction to plant-based medicine. With the guidance of naturopath JJ Pursell, herb enthusiasts can learn how to safely create their own remedies using plants they know and love.

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