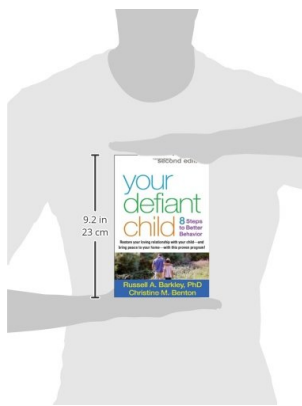


[PDF] Your Defiant Child, Second Edition: Eight Steps To Better Behavior

Russell A. Barkley PhD ABPP ABCN, Christine M. Benton - pdf download free book



Books Details:

Title: Your Defiant Child, Second Ed

Author: Russell A. Barkley PhD ABPP

Released:

Language:

Pages: 257

ISBN: 1462510078

ISBN13: 9781462510078

ASIN: 1462510078

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Description:

Discover a way to end constant power struggles with your defiant, oppositional, "impossible" 5- to 12-year-old, with the help of leading child psychologist Russell A. Barkley. Dr. Barkley's approach is research based, practical, and doable--and leads to lasting behavior change. Vivid, realistic stories

illustrate what the techniques look like in action. Step by step, learn how you can:

- *Harness the power of positive attention and praise.
- *Use rewards and incentives effectively.
- *Stay calm and consistent--even on the worst of days.
- *Establish a time-out system that works.
- *Target behavioral issues at home, in school, and in public places.

Thoroughly revised to include the latest resources and 15 years' worth of research advances, the second edition also reflects Dr. Barkley's ongoing experiences with parents and kids. Helpful questionnaires and forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

Mental health professionals, see also the related title, *Defiant Children, Third Edition: A Clinician's Manual for Assessment and Parent Training*. For a teen focus, see also *Defiant Teens, Second Edition* (for professionals), and *Your Defiant Teen, Second Edition* (for parents), by Russell A. Barkley and Arthur L. Robin.

Winner-- Parents' Choice "Approved" Award

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