

[PDF] Rethinking Madness: Towards A Paradigm Shift In Our Understanding And Treatment Of Psychosis

Paris Williams - pdf download free book



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Description:

Review "Every page of this book was exciting to me . . . This book should be a part of the training of every physician, psychiatrist, and pastoral counselor, and owned by the family and friends of every

mentally ill person as well as the sufferers themselves." - Joanne Greenberg, bestselling author of *I Never Promised You a Rose Garden*

"A book of profound illumination both for the scholar and the person struggling for his or her psychical life. I highly recommend this book to all those who are touched by the psychotic experience, which really means all of us--and to find out why, just read this book!" - Kirk Schneider, Ph.D., author of *Awakening to Awe*

"Deceptively easy to understand, yet thought provoking and challenging, his work offers plausible reasons to overcome the too simple historical medical approaches that ignore the richness of the human experience and the positive potential inherent in one's journey through madness." - Ronald Bassman, Ph.D., author of *A Fight to Be*

"In a clear manner, Dr. Williams lays out the evidence for a 'paradigm shift' in our thinking that, at its core, would offer people who experience madness both hope and the knowledge that robust recovery is possible, and, with the right support, quite common." - Robert Whitaker, author of *Mad in America* and *Anatomy of an Epidemic*

"Rethinking Madness provides not only a compelling critique of the pessimistic and damaging 'medical model' that has dominated mental health services and research for far too long, it offers some hopeful alternatives." - John Read, Ph.D., Professor of Psychology, Editor of *Models of Madness* and the scientific journal *Psychosis*

About the Author Dr. Paris Williams offers the very rare and powerful perspective of someone who has experienced psychosis from both sides--as a practicing psychologist and researcher, and as someone who has himself struggled with psychotic experiences. In his late 20's, while in the midst of a very successful career as a hang gliding instructor and competition pilot (winning a World Champion title and multiple National Champion titles), Paris Williams suddenly found himself plunged into a profound struggle with experiences that would have likely resulted in the diagnosis of a psychotic disorder. Fortunately, he managed to avoid becoming entangled within the psychiatric system, and he instead embarked upon a journey of healing and self discovery, working to resolve his own personal crisis while aspiring to support others going through similar crises. He has since spent over a decade deeply exploring both Eastern and Western understandings of mind and consciousness, studying intensive meditation from a number of different masters around the world, earning a Ph.D. in Clinical Psychology, working in numerous settings supporting people struggling with psychosis and other challenging and extreme experiences, and conducting a series of pioneering research studies at Saybrook University on recovery from schizophrenia and other psychotic disorders. He continues to work as a psychologist in the San Francisco Bay Area.

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