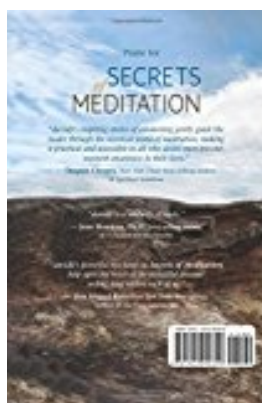


# [PDF] Secrets Of Meditation: A Practical Guide To Inner Peace And Personal Transformation

Davidji - pdf download free book



## Books Details:

Title: Secrets of Meditation: A Prac

Author: davidji

Released: 2012-09-04

Language:

Pages: 221

ISBN: 1401940307

ISBN13: 978-1401940300

ASIN: 1401940307

[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

pdf, mobi, epub, azw, kindle

**Description:**

**Review**

*“davidji’s inspiring stories of awakening gently guide the reader through the mystical world of*

*meditation, making it practical and accessible to all who desire more present-moment awareness in their lives."*

— **Deepak Chopra**, *New York Times* best-selling author of *Spiritual Solutions*

*"davidji is a midwife of souls."*

— **Jean Houston, Ph.D.**, best-selling author of *A Passion for the Possible*

*"davidji's powerful teachings in **Secrets of Meditation** help open the heart of the beautiful dreamer resting deep within each of us."*

— **don Miguel Ruiz**, *New York Times* best-selling author of *The Four Agreements*

**About the Author** davidji is an internationally recognized life guide, author, meditation recording artist, motivational speaker, and meditation instructor. With over 250 guided meditations to his credit, davidji has been referred to as The Meditation Maestro and The Velvet Voice of Stillness. Known for his practical, real-world methods of connecting to Source, he travels the world sharing timeless wisdom on cultivating a spiritual practice, modern-day stress management, emotional healing techniques, work/life balance, and finding deeper fulfillment through conscious choice-making. His dharma, or life's purpose, is to help individuals awaken to the best version of themselves and discover their finest expression in life.

As the Lead Educator of the Chopra Center for Wellbeing in Carlsbad, California, davidji apprenticed for nearly a decade under Drs. Deepak Chopra and David Simon and was appointed the first Dean of Chopra Center University. He is a Chopra Center Certified Vedic Master, certified to teach Primordial Sound Meditation, Perfect Health Ayurvedic Lifestyle Wisdom, Seven Spiritual Laws of Yoga, as well as a world-renowned creator of hundreds of visualizations, meditations, and online spiritual journeys including his highly acclaimed CD: davidji Guided Meditations: Fill What is Empty; Empty What is Full. Each Wednesday, he hosts LIVE from the SweetSpot with davidji on Hay House Radio His new book on inner peace and personal transformation is *Secrets of Meditation*. To join the davidji SweetSpot Meditation Community, visit [davidji.com](http://davidji.com).

- 
- Title: *Secrets of Meditation: A Practical Guide to Inner Peace and Personal Transformation*
  - Author: davidji
  - Released: 2012-09-04
  - Language:
  - Pages: 221
  - ISBN: 1401940307
  - ISBN13: 978-1401940300

- ASIN: 1401940307
-