

[PDF] The Good Food Revolution: Growing Healthy Food, People, And Communities

Will Allen, Charles Wilson - pdf download free book

Books Details:

Title: The Good Food Revolution: Gro

Author: Will Allen, Charles Wilson

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Description:

Review "What Allen does with a small plot of land and a lot of determination is nothing short of inspiring... A moving story of one man's success in producing healthy food for those who need it most." --*Kirkus Reviews*

"Allen gives readers the personal, moving account of a man whose family became part of the last century's great migration of African Americans out of the South. Of a man who traded a successful life in the corporate world for the economic uncertainties of a small farmer... *The Good Food Revolution* is inspiring." -- *Los Angeles Times*

**2013 NAACP Image Awards nominee for autobiography/biography.
Goodreads Choice finalist for best food book of the year.**

“From the plots of his Milwaukee urban farm to low-income communities across America, Will Allen has shown us a new type of heroism. Through *The Good Food Revolution*, Allen recounts his effort to reclaim his family’s heritage and, in doing so, confront lingering disparities in racial and economic justice. As the champion of a new and promising movement, Allen is skillfully leading Americans to face one of our greatest domestic issues - our health.” - Former President Bill Clinton

“Will Allen’s remarkable story, told with eloquence and compassion, conveys the universal value of social justice and real food.” - Alice Waters

“Far more than a book about food, *The Good Food Revolution* captivates your heart and mind with the sheer passion of compelling and righteous innovation. Wow!” - Joel Salatin, Polyface Farm

“Will Allen is a hero and an inspiration to urban farmers everywhere. Now, with *The Good Food Revolution*, we learn how Allen rediscovered the power of agriculture, and in doing so transformed a city, its community, and eventually the world - with the help of millions of red wiggler worms. Told with grace and utter honesty, I found myself cheering for Allen and his organization, Growing Power.” - Novella Carpenter, author of *Farm City* and *The Essential Urban Farmer*

About the Author After retiring from professional basketball and executive positions at Kentucky Fried Chicken and Procter & Gamble, **Will Allen** became the CEO of Growing Power. He lives in Milwaukee. **Charles Wilson** is a journalist and the coauthor with Eric Schlosser of the #1 *New York Times* bestselling children's book *Chew on This: Everything You Don't Want to Know About Fast Food*.

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